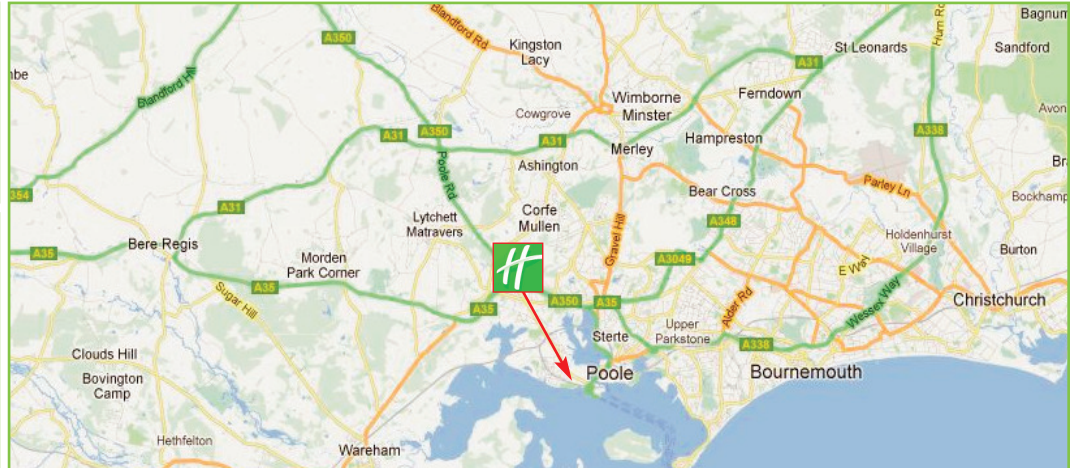
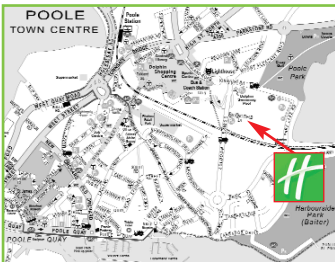


**HOLIDAY INN EXPRESS
BOURNEMOUTH - POOLE**
Joining Instructions
Location:
Walking Field Lane, Poole, Dorset, BH15 1RZ

 Tel: 0871 423 4876 Website: <http://www.hiexpress.com/hotels/us/en/poole/poouk/hoteldetail>

Directions:

BY CAR: Follow M3 Motorway South; exit Junction 12 signposted Southampton M27 West. At Junction 13 exit towards Bournemouth. Follow M27 which becomes the A31 at the New Forest. Exit onto A338 towards Bournemouth. At the 1st roundabout, take the 2nd exit onto A35/ Wessex Way. At the next roundabout, take the 2nd exit and follow A35. At the County Gates roundabout, take the 4th exit onto A35/ Poole Road. Follow A35 and at the 1st roundabout take the 1st exit onto A35/ Bournemouth Road and follow A35 till Civic Centre Junction. Stay in the middle lane and then bear left and merge onto A350. At roundabout take the 1st exit onto B3093/ Mount Pleasant Road. At the next roundabout take the 1st exit onto Seldown Bridge and bear left onto the slip road. Turn left into Walking Field Lane.

BY TRAIN: Station Name: Poole. Distance: 0.6 mile to the Hotel.

BY BUS: Poole Bus Station (stop 3). Distance 0.1 mile (3 minutes walk).

Course times: Your course starts promptly at 9.30am and finishes at 5.00pm (+/- 30 minutes) on both days. We will have a 15 minute break morning and afternoon, and a 45-60 minute break for lunch.

Parking: The hotel has ample free car parking.

Refreshments: The hotel's "Great Room Bar" serves a variety of snacks and drinks. We will be providing free tea/coffee and biscuits, and bottled water will be available at all times throughout the course.

What else do I need to know? Please bring a notepad and pen. We recommend that you wear a short-sleeved or sleeveless top for our vein identification exercises.

Please remember to check back on our website (News Section on Home Page) within 24 hours of your course for any last minute changes and updates (including traffic delays).

Any other questions? If you cannot find the answers to your questions on our website (FAQ section) then please don't hesitate to email us at: info@geopace.com



Stephen Eagleton
Course Director, Geopace Training

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