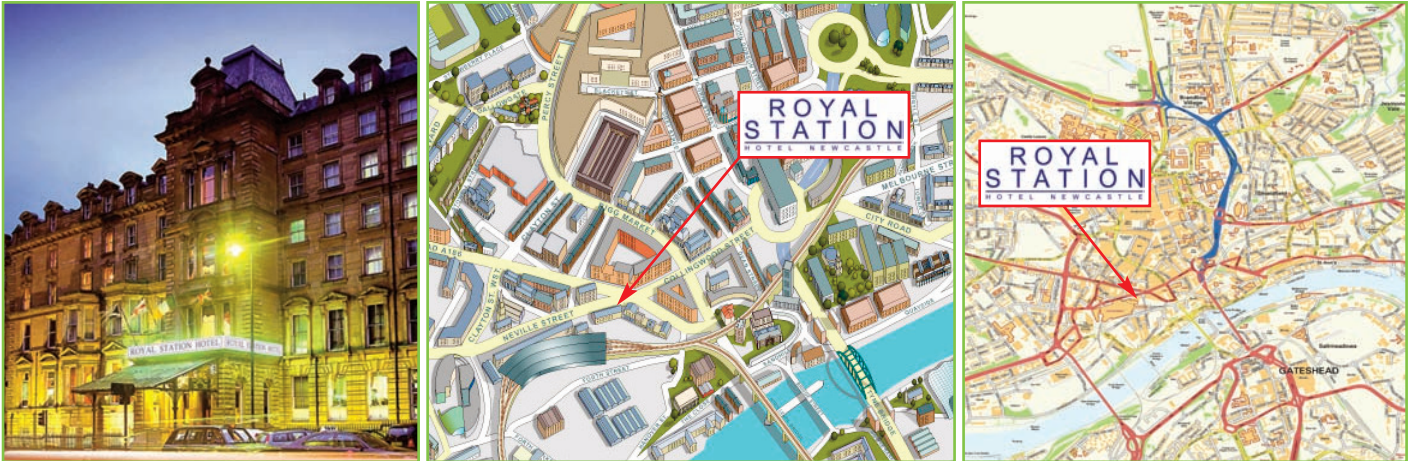


ROYAL STATION HOTEL NEWCASTLE UPON TYNE

Joining Instructions

Royal Station Hotel, Neville Street, Newcastle upon Tyne, NE1 5DH
T: 0191 232 0781 W: www.royalstationhotel.com



HOW TO FIND US ...

BY CAR: The hotel is located in the heart of the city just north of the River Tyne, immediately next to Newcastle Central Station and the Metro System and just 10 minutes walk from the city centre.

From south: proceed north along A1(M) merging onto the A194(M). At end of motorway head left onto A184 towards the city centre. Immediately after crossing the river turn left and follow the one way system. The Royal Station hotel is located ahead.

From north: proceed along the A1 until approx. 5 miles from the city centre, then head left onto the A167. Continue for approx. 4.7 miles and then follow signs for A186. The hotel is situated on your left, next to the station.

METRO RAIL LINK: A direct rail link from north and south (Gateshead) stops at the station next to the hotel.

BY BUS: Stagecoach buses stop at the Central Station from in and around Newcastle.

COURSE TIMES: Your course starts promptly at 9.30am and finishes at 5.00pm (+/- 30 minutes) on both days. We will have a 15 minute break morning and afternoon, and a 45-60 minute break for lunch.

PARKING: There is limited regulated car parking on site (register on arrival at hotel reception). Alternatively nearby public parking sites include Grainer Town Multi-Story, Guildhall Car Park and Dean Street Car Park.

REFRESHMENTS: The hotel's Empire Restaurant serves breakfast, lunch and dinner. We will be providing tea and coffee, and bottled water will be available at all times throughout the course.

WHAT ELSE DO I NEED TO KNOW? Please bring a notepad and pen. We recommend that you wear a short-sleeved or sleeveless top for our vein identification exercises. Please remember to check back on our website (News Section on Home Page) within 24 hours of your course for any last minute changes and updates (including traffic delays).

ANY OTHER QUESTIONS? If you cannot find the answers to your questions on our website (FAQ section) then please don't hesitate to email us at: info@geopace.com or call us on **01525 713377**



Stephen Eagleton
Course Director, Geopace Training

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