Geopace Training

Course Itinerary

Skills for Health COMPLIANT

ocn Credit4Learning ACCREDITED

END OF LIFE - PRINCIPLES IN PALLIATIVE CARE (GPT203)

An e-learning course leading to an OCN Nationally Recognised and Accredited Level Three (Advanced) Certificate

M01: Introduction, Modules and Learning Outcomes
Modules - overview, intended learning outcomes and course content.

M02: Caring for people at the end of their life
What is End of Life care? What is a 'good death' - GMC definitions. Views, factors and basic statistics. British social attitudes to death and dying.

M02: Multiple Choice Questions

M03: Palliative Care
What does supportive care encompass? Palliative care aims including holistic approaches. Role of the NCPC.

M03: Multiple Choice Questions

M04: What is person-centred care?
Implementing the Health Foundation framework and the four principles. PCC principles defined including examples and direct benefits to healthcare professionals. Putting PCC into practice.

M04: Multiple Choice Questions

M05: Equality, Diversity and Rights
Peoples rights. Employer's policies and procedures. The Care Quality Commission. NICE pathways - Quality Standard.

M05: Multiple Choice Questions

Video presentation (26 mins) - "It helps to Talk"
How a lack of basic communication can cause unnecessary stress and upset to everyone involved.

M06: Planning Ahead
Advance Care Planning including documentation. What is an Advance Decision? What is an Advance Statement? Preferred Priorities for Care. Power of Attorney. Essential contact information.

M06: Multiple Choice Questions

M07: End of Life Strategies and Guidelines
The Leadership Alliance for the Care of Dying People - new approach, roles and outcomes following the Liverpool Care Pathway. The NICE Care Plan - 6 steps defined. The five new Priorities of Care.
The goals of the Gold Standard Framework.

M07: Multiple Choice Questions

M08: Communication
Effective communication in End of Life Care. How, why and when we communicate in various settings including barriers and lack of understanding. Culture and language including barriers and environmental issues. Essential Do's and Don'ts. How to use open and closed questions effectively combined with active listening.

M08: Exercise - Communication in Health & Social Care.
Complete this exercise as part of your Home Study Pack.

M08: Multiple Choice Questions

M09: Nutrition, Hydration and Mouth Care
Understanding clinically assisted nutrition and hydration. Essential practices in mouth care and the Gold Standard Framework best practices explained.

M09: Multiple Choice Questions

M10: Symptom Control
Monitoring and evaluation. Breakthrough pain and using the Abbey Pain Scale. Understanding the symptoms associated with End of Life care including step by step symptom explanations. Looking at alternative therapies.

M10: Exercise - Symptom Control
Complete this exercise as part of your Home Study Pack.

M10: Multiple Choice Questions

M11: Identifying the Dying Phase of Life
The last few days - a step by step guide through the key phases of the dying process.

M11: Multiple Choice Questions

M12: The bereavement process
Understanding the twelve key process steps.
Using the Kubler Ross model to understand grief.

M12: Exercise - Facing Death
Complete this exercise as part of your Home Study Pack.

M12: Exercise - The Bereavement Process
Complete this exercise as part of your Home Study Pack.

M12: Multiple Choice Questions

M13: Working within the Multidisciplinary Team
Working as a team with the appropriate service sectors.

M12: Exercise - The Multidisciplinary Team
Complete this exercise as part of your Home Study Pack.

M12: Case Study - Ideas for practice
A look at holistic palliative care

Additional Information & Resources:

This course is designed to introduce you to both the theory and practical aspects of **End of Life Care.**

In addition to the eLearning course you will have access to the following free downloadable resources:

- A library of around 30 module-related documents
- A library of around 16 reference articles

Telephone and email support is available to you throughout this course if required.

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