



ARE YOU 18 - 29?

Want to work with the NHS?

The Prince's Trust is offering our Get Into University Hospitals of Birmingham based across Birmingham and Solihull.

What can you expect?

- Learn about working in a hospital and the variety of NHS roles available
- 4 week programme. Sessions at the Learning Hub (UHB), Prince's Trust Birmingham Centre (Digbeth) and online (using Teams)
- Programme includes training and AQA qualifications can include infection control and patient centred care - up to 3 certificates
- Delivery will focus on understanding jobs within the NHS, looking into the NHS Jobs website, application and interview Support & Guidance
- Meet new people, learn new skills and boost your employability
- Up to 6 months mentoring support

MYNDUP

- The Prince's Trust in partnership with MYNDUP also offers free virtual mental health training sessions.
- You can book session for therapy, counselling, life coaching, career coaching, meditation and mindfulness
- There are many features such as secured online rooms, vetted practitioners as well as educational content
- Ask a PT staff member for your free code to use at checkout to redeem your free weekly sessions

Eligibility to join our programmes?

- You must be between the age of 18-29
- Actively seeking for an opportunity in Health and Social Care
- Must be NEET (Not in Employment, Education or Training)
- Must live in Birmingham or Solihull areas

Find out more

If you are interested we'd love to hear from you!

Get in touch at hscwestmidlands@princes-trust.org.uk leaving your name and contact number.



**START
SOMETHING**



**University Hospitals
Birmingham**

NHS Foundation Trust